



Lebanese
Ministry of Agriculture

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International
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Falls from Height Hazards

How to Stay Safe

Safe Climbing



Never climb on boxes, rocks, or furniture



Use strong, stable ladders on flat, dry ground



Inspect ladders before use, no cracks or broken rungs



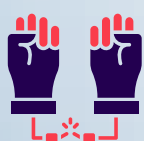
Keep both hands free when climbing (use a rope/bucket for tools)



Wear sturdy shoes with good grip, no open-toe shoes or slippery soles



Never climb alone, have someone nearby



Use both hands when climbing and take slow, careful steps



Tools & Load Handling

- Avoid climbing in bad weather or on wet ground
- Use harnesses or ropes for high work

Special Considerations

- Youth should never climb without training, supervision, and gear